

Samantha Fulton
Owner of FulBeing Collective PLLC and Barristers Way LLC
8 Barristers Row
Wappingers Falls NY 12590

Garage Conversion Into Movement Studio

The main house on the property has its own permit that is separate from this

Project proposal:

The existing detached garage on the property is requested to be converted into habitable space and used as a movement studio for classes and workshops.

Business Overview:

FulBeing Physical Therapy was founded by Samantha Fulton, holistic physical therapist and therapeutic yoga teacher. It evolved into FulBeing Collective when other providers and teachers wanted to join this team of healing offerings. Samantha is a small business owner and has a spouse and 2 young children. Samantha opened Barristers Way LLC to purchase this property.

FulBeing Collective is a therapeutic center that offers tailored treatment modalities to folks in pain who want to improve their health. In the main house there will be private sessions with individual practitioners (3).

The renovated garage will be used for small group classes and workshops, with 1 instructor at a time, and up to 6 students at a time, for 1-2 hours at a time only, and mostly during off-business hours (we are not a typical yoga studio or gym who is looking to packs full day of classes. All classes have a limitation on number of people. I share this to give a picture of the maximum amount of people who will occupy the entire property at a time).

Parking:

No additional parking spots requested. There will be ample parking with our existing 20 spots.

Restroom & Water:

No restroom will be added to the garage, as there is a restroom just a 25-30 yard walk on a paved walkway from the garage door to the back entrance of the house. We will have a free-standing water dispenser for folks to access potable water.

Existing Structure & Changes:

The 360 degree video shows the 20x30 foot space in its current state, with concrete floors, a manual lift garage door, fluorescent lighting, sheetrocked walls, and fuse box. The walls are insulated and wired for electric. In fact, there are many more electrical outlets than we will ever need or use. There is an attic space that will be kept as such.

The changes inside the structure will be primarily aesthetic: flooring, changing of light fixtures to LED/dimmable, paint. The existing garage door is sized appropriately for an Anderson sliding glass door which will be installed. No external work or alterations will be made to the structure.

Plumbing, Electric, & HVAC:

No plumbing or electrical work will be needed. For heating and cooling, a 10,000-11,000 BTU split unit will be installed.